

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Date of Birth \_\_\_\_\_

## Initial Nutrition Screen

**Which bariatric surgery procedure are you interested in?**

- Gastric Bypass    Gastric Sleeve    Conversion/Revision    Undecided  
 Hernia Repair

**What have you done in the past to try to lose weight?** (Please list all diets, pills and programs)

\_\_\_\_\_  
\_\_\_\_\_

**Why do you want weight loss surgery?**

\_\_\_\_\_  
\_\_\_\_\_

**What is your goal weight?** \_\_\_\_\_ pounds

**Have you ever been diagnosed with an eating disorder?**

- No    Bulimia    Anorexia    Binge Eating Disorder

**Do you currently use the following? If so, how often?**

- Drugs (ex: marijuana) \_\_\_\_\_  Alcohol \_\_\_\_\_  Tobacco \_\_\_\_\_

**How often?**

\_\_\_\_\_

**Have you been diagnosed with a psychological disorder? (ex: anxiety or depression)**

- No    Yes   List any \_\_\_\_\_

**Do you eat due to emotions? (Ex: sadness, stress/anxiety, anger)?**

- No    Yes   List any \_\_\_\_\_

## GERD-Health Related Quality of Life Questionnaire (GERD-HRQL)

Institution: \_\_\_\_\_ Patient ID: \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

On PPIs     Off PPIs    If off, for how long? \_\_\_\_\_ days / months

*Scale:*

0 = No symptom

1 = Symptoms noticeable but not bothersome

2 = Symptoms noticeable and bothersome but not every day

3 = Symptoms bothersome every day

4 = Symptoms affect daily activity

5 = Symptoms are incapacitating to do daily activities

*Please check the box to the right of each question which best describes your experience over the past 2 weeks*

- |     |   |   |
|-----|---|---|
| 1.  | How bad is the heartburn?   | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 2.  | Heartburn when lying down?  | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 3.  | Heartburn when standing up?   | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 4.  | Heartburn after meals?  | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 5.  | Does heartburn change your diet?  | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 6.  | Does heartburn wake you from sleep?   | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 7.  | Do you have difficulty swallowing?  | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 8.  | Do you have pain with swallowing?   | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 9.  | If you take medication, does this affect your daily life?   | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 10. | How bad is the regurgitation?   | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 11. | Regurgitation when lying down?  | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 12. | Regurgitation when standing up?   | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 13. | Regurgitation after meals?  | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 14. | Does regurgitation change your diet?  | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 15. | Does regurgitation wake you from sleep?   | <input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 |
| 16. | How satisfied are you with your present condition?  |   |
|     | <input type="checkbox"/> Satisfied <input type="checkbox"/> Neutral <input type="checkbox"/> Dissatisfied |   |

\_\_\_\_\_  
Administered by

\_\_\_\_\_  
Monitored by

\_\_\_\_\_  
Date (mm/dd/yy)

\_\_\_\_\_  
Date (mm/dd/yy)